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**FOR IMMEDIATE RELEASE**

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**Hunger Action Month Invites Everyone to Join the  
Movement to End Hunger this September**  
*Greater Lansing Food Bank Joins the Feeding America Network to  
Raise Awareness and Inspire Action to Fight Hunger*

**LANSING, MI (Sept. 13, 2023)** — Greater Lansing Food Bank (GLFB) is proud to join Feeding America and other member food banks for Hunger Action Month this September.

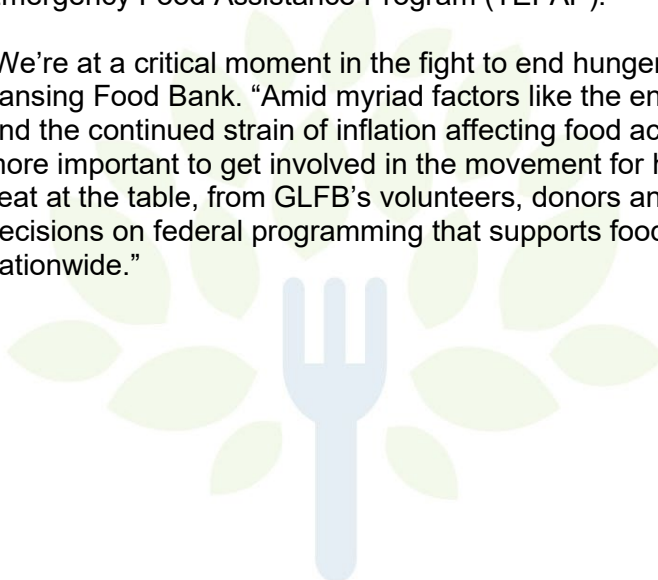
This year marks the 16th year Feeding America — the nation's largest domestic hunger-relief organization with a nationwide network of 200 food banks, including GLFB, and 60,000 partner food pantries and meal programs — has organized this annual call to action.

In a year of unprecedented inflation and rising food costs, GLFB has seen a 35 percent increase in the number of neighbors seeking support to keep food on the table, which makes Hunger Action Month and its mission to spread awareness and inspire everyone to join the movement to end hunger more important than ever — because everyone has a seat at the table when it comes to combating food insecurity.

"Food has a tremendous impact on people's lives. We have all experienced firsthand how a meal goes beyond solely nourishing our bodies," said Claire Babineaux-Fontenot, CEO of Feeding America. "Access to nutritious food is essential for each of us to reach our full potential and reminds us that we can all help to create positive change in our communities to ensure that no one goes hungry in America. Now is the time for us to come together to elevate the voices of people who experience food insecurity and inspire everyone to join the movement to end hunger."

This year, Congress will also vote on two key pieces of legislation that will affect food security for neighbors nationwide: The reauthorization of the Farm Bill and the newly proposed Farmers Feeding America Act. These bills will determine many nutrition and agriculture programs for the next five years, including the Supplemental Nutrition Assistance Program (SNAP) and The Emergency Food Assistance Program (TEFAP).

"We're at a critical moment in the fight to end hunger," said Michelle Lantz, CEO of Greater Lansing Food Bank. "Amid myriad factors like the ending of SNAP emergency allotments in May and the continued strain of inflation affecting food access for our neighbors, it has never been more important to get involved in the movement for hunger-free communities. Everyone has a seat at the table, from GLFB's volunteers, donors and staff to our legislators making critical decisions on federal programming that supports food security for neighbors in mid-Michigan and nationwide."



There are many ways to join the movement to end hunger. Every action, big or small, is one step closer to an America — and mid-Michigan — where no one is hungry:

- **Turn orange!** Orange is the official color of hunger relief. Throughout the month, wear orange when you're out and about—make sure to tag GLFB on [Facebook](#), [Instagram](#), [Twitter](#) or [LinkedIn](#) and use the hashtags #HungerActionMonth and #TheFullEffect.
- **Donate.** Every \$1 donated provides [up to three meals](#) for a neighbor in need. Consider joining our Sustainers Circle by making your donation recurring each month and provide relief for neighbors experiencing food insecurity year-round or amplify the impact of your gift by seeing if your employer offers a donation match.
- **Volunteer.** Visit the [volunteer portal](#) on our website to find a mobile food pantry near you to help distribute food directly to neighbors or find a shift to help sort food in the GLFB warehouse.
- **Use your voice.** Learn more about the Farm Bill [here](#) and find your representative [here](#) to make your voice heard in support of hunger relief.
- **Host a food drive.** Host a food drive at your workplace, place of worship or other community location. Find information on how to host a food or fund drive on [our website](#).
- **Grow & Give your extra produce.** If you're a home gardener with more produce than you know what to do with, consider donating your surplus to a local food pantry! Many pantries are thrilled to accept home-grown produce this time of year. Find one near you on our Garden Project's [Grow & Give page](#).

This Hunger Action Month, find your seat at the table to help neighbors, children and families in need experience the full effect of access to adequate, nutritious food. Because when neighbors are fed, futures are nourished.

Find information and resources for Hunger Action Month on [GLFB's website](#).

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**Greater Lansing Food Bank (GLFB)** has led mid-Michigan's fight against hunger since 1981 to ensure families and neighbors in need have access to the nutritious food they need to support their health and well-being. GLFB's 4,000 square mile, seven-county service area encompasses Clare, Clinton, Eaton, Gratiot, Ingham, Isabella and Shiawassee Counties.

**Hunger Action Month** is an annual nationwide month of action, hosted every September by the Feeding America network, to spread awareness and inspire everyone to join the movement to end hunger.

